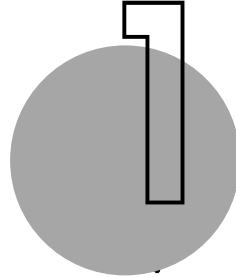


Process To Problem Solve

What is the Main Problem?

Problem: _____

Done



What Am I Feeling?

Name your emotion and take a step back.

Emotion: _____

Done

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What Can I Do?

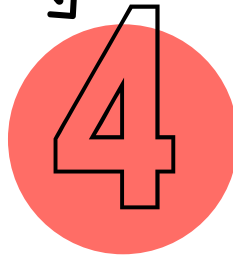
Solution 1: _____

Solution 2: _____

Solution 3: _____

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Done



What Is My Choice?

Goal: _____

What Are The Pro's & Con's?

Pro/Con 1: _____

Pro/Con 2: _____

Pro/Con 3: _____

Done

